





Hedgehog Class English Planning for week beginning 8/6/20

	Learning objective	Overview and activity	Resources
Monday	<p>Recognise the Eatwell Guide;</p> <p>Name some of the food in each food group;</p> <p>Explain that we need different types of food, and 6-8 drink a day, to be healthy.</p>	<p>Look at the Eatwell Guide it shows us what we need to eat and drink to be healthy. Can you answer these questions,</p> <ul style="list-style-type: none"> • Which are the two biggest groups on the Eatwell Guide? • What foods can you see in these groups? • Which is the smallest group? • What food can you see in this group? • Which are the middle sized groups? • What food can you see in the smallest group? • Where is/are the – eggs, tomatoes, bread, fish, milk? • Which food in the picture have you eaten today? • How many drinks do we need each day? <p>Watch video https://central.espresso.co.uk/espresso/modules/ey_food/videos/video_healthy_eating.html?source=search-all-F-all-all&source-keywords=healthy%20eating#</p> <p>Activity: Create your own healthy plate of food to eat. Can you label it?</p>	<p>Eatwell Guide https://www.foodafactoflife.org.uk/3-5-years/healthy-eating/eatwell-guide/</p> <p>What's on your plate template</p>
Tuesday	<p>To write a leaflet about eating healthily.</p>	<p><i>What information can you remember about the Eatwell Guide yesterday? What is the Eatwell Guide? What food should we eat? What foods should we eat less of?</i></p> <p>Activity: Using the leaflet template, write a guide for healthy eating. Remember when you write to think about letter formation and the size of their letters (use the lines to help you) remember finger spaces between words.</p>	<p>Leaflet template</p>
Wednesday	<p>To form recognisable letters.</p>	<p>Look at 3 of the one armed robot letters , </p> <p> has an ascender</p> <p> is a short letter</p> <p>Both sit on the line</p> <p>Both have an exit flick</p> <p>Activity: Practise writing these 3 letters with a pencil.</p>	<p>Dojo video – Handwriting input</p>

Thursday	To name foods in the four biggest food groups	<p>Look at salt dough pizza and plan you made last week. Today make a real pizza! Your pizza must include a carbohydrate, dairy produce, protein and vegetable. Follow a recipe to make a pizza. Your pizza must contain tomato sauce, cheese and one fish or meat and one vegetable or fruit topping.</p> <p>Activity: Write an ingredients and food group table (one in each column) for your pizza. Write a recipe for how to make your pizza. See word.doc example on website</p>	<p>Writing example on website</p> <p>Pizza base (muffin)</p> <p>Cheese</p> <p>Tomato puree</p> <p>Ham or tuna</p> <p>Sweetcorn, pepper, mushroom, pineapple</p>
Friday	Use adjectives to describe how it looks, smells and tastes	<p>On a piece of paper or card draw a picture or glue a photo of your pizza. Add a title (look at example names on a takeaway pizza menu) and description of your pizza. Look at the adjectives we thought of last week, can we add anymore e.g. divine, amazing, incredible, awesome</p> <p>Activity: Think of a name for your pizza. In your description say what your pizza looks like, smells like and tastes like.</p> <p><i>"The Wonderful Westwood pizza"</i></p> <p><i>"It looks delicious. It smells yummy. It tastes amazing"</i></p>	Paper or card