

## Suggested Menu of Daily Activities

	Activity	Time	Description	Resources to support the learning
Maths	Fluency practice	10 minutes	<ul style="list-style-type: none"> <li>• Adding 2 numbers to make 10</li> <li>• Counting objects</li> <li>• Matching objects to numerals</li> <li>• Counting forwards and backwards beyond 10.</li> <li>• Make different arrangements with objects e.g. dice dots, rows and columns (ten frame)</li> <li>• Use real objects to see that the quantity of a group can be changed by adding more.</li> <li>• Use real objects to see that the quantity of a group can be changed by taking items away.</li> <li>• Make sets using real objects and compare quantities – which has more, fewer, the same?</li> <li>• Use counting to find one more than a given number up to 10.</li> </ul>	<p><a href="https://www.bbc.co.uk/iplayer/episodes/b08bzfnh/numberblocks">https://www.bbc.co.uk/iplayer/episodes/b08bzfnh/numberblocks</a>  <a href="http://www.topmarks.co.uk">www.topmarks.co.uk</a></p> <p>See '<b>White Rose Notes and Guidance</b>' and activity ideas in your home-learning pack.</p>
	Shape Space and Measure		<ul style="list-style-type: none"> <li>• Weigh objects to find the heaviest/lightest and ordering them.</li> </ul>	

			<ul style="list-style-type: none"> <li>• Fill containers and using the language of full, empty, half full etc.</li> <li>• Copy, continue and create your own simple repeating patterns.</li> <li>• Sort objects in different ways such as colour, size or shape.</li> <li>• Name and find 2D shapes in the environment– square, rectangle, triangle, circle</li> </ul>	
<b>Reading</b>	Reading	10 minutes	Read aloud with a grown up.	Reading books that have come home from school, magazines/comics, books from home. <a href="http://www.teachyourmonstertoread.com">www.teachyourmonstertoread.com</a> <a href="https://home.oxfordowl.co.uk/">https://home.oxfordowl.co.uk/</a>
	Reading Comprehension	10 minutes	Read to your child and talk about the book.	<a href="https://home.oxfordowl.co.uk/">https://home.oxfordowl.co.uk/</a>
<b>Phonics</b>	Phonics Flashcards	10 minutes	Use your phonics flashcards to practise the letter sounds. Can you recall them? Can you write them?	<a href="https://new.phonicsplay.co.uk/">https://new.phonicsplay.co.uk/</a> are offering a free subscription – username: march20 password: home Other ideas can be found in the information sheet in children’s phonics wallets given out earlier in the year.
<b>Writing</b>	Writing words	10 minutes	Make simple words with your phonics flashcards and write them.	
	Writing simple sentences	10 minutes	Write simple sentences about things you have done, a book you’ve read or a toy you have at home.	
	Handwriting		Practise your letter formation, making sure you start letters in the correct place and that letter size is correct.	Handwriting sheets in pack
<b>Physical Development</b>	Regular Exercise	60 minutes	Ride your bike or scooter Go for a walk Dance to music	

<b>Gross motor skills</b>			<p>How many different ways can you move across your garden or living room?          Which animals can you move like?          Which vehicles can you move like?          Do some Cosmic Yoga in your living room</p>	<p><a href="https://www.cosmickids.com/">https://www.cosmickids.com/</a>  <a href="https://www.youtube.com/user/CosmicKidsYoga">https://www.youtube.com/user/CosmicKidsYoga</a></p>
<b>Fine Motor skills</b>		10 minutes	<p>Make playdough – dough disco (there are lots of play dough recipes online).          Use a clothes peg to pick up objects – e.g. pom poms, pasta, buttons etc.          Practise making shapes/letters in flour, corn flour, shaving foam.          Threading pasta tubes onto shoe laces</p>	<p><a href="https://theimaginationtree.com/best-ever-no-cook-play-dough-recipe/">https://theimaginationtree.com/best-ever-no-cook-play-dough-recipe/</a>          For other ideas look at the fine motor booklet given out at the last class café.</p>
<b>Physical Development</b>  <b>Health &amp; Selfcare</b>	Speak to your child about being healthy		<p>Sort the foods in the cupboards into healthy and unhealthy food.          Discuss what is good and bad about the foods.  <b>Germs Activity:</b> All you need is; A plate, water, pepper and washing up liquid.</p>	<p><a href="https://www.youtube.com/watch?v=ho0o7H6dXSU">https://www.youtube.com/watch?v=ho0o7H6dXSU</a></p>
	Make sure you have a good routine at home, so your child can take some responsibilities of house hold routines.		<p><b>Here are some to practice:</b></p> <ul style="list-style-type: none"> <li>○ Brushing their teeth</li> <li>○ Brushing their hair</li> <li>○ Cleaning their face</li> <li>○ Getting dressed independently</li> <li>○ (Practice getting changed into PE clothing)</li> <li>○ Having a bath</li> <li>○ Washing hands</li> </ul>	

<p><b>Communication &amp; Language</b></p>	<p>Talk is one of the most important parts of your child's development.</p>		<p>Encourage your child to ask questions this encourages a curious mind.          Ask your child open ended questions; why do you think that? How do you know that? Can you explain how you did it? How do you do that?          Go outside into your garden or on your front door step and talk about what you can see. What is different from yesterday? Discuss the weather, the cars, the birds etc  <b>Play a game of eye spy with your child:</b>          Eyes spy with my little eye something that is blue          Eye spy with my little eye something beginning with ch  <b>Share a story with your child!</b> Talk with them about the pages.  <b>Play a positional language game:</b>          Simon says... under the table, on the chair, next to the sofa, behind the table, in front of the tv...          Your child needs to stand where Simon says. This will help their positional language understanding.</p>	
<p><b>Personal, Social and Emotional Development</b></p>	<p>Children enjoy carrying out small tasks this is good for their self-esteem, resilience and confidence.</p>		<p><b>House hold activities:</b></p> <ul style="list-style-type: none"> <li>○ Chopping vegetables</li> <li>○ Stirring the cooking</li> <li>○ Stirring baking</li> <li>○ Grating cheese, carrots etc</li> </ul>	

			<ul style="list-style-type: none"> <li>○ Helping dress baby brothers and sisters</li> <li>○ Giving baby brothers and sisters their bottle</li> <li>○ Folding clothes up</li> </ul>	
	Play		Play is a really important part of how children learn so please ensure you allow some time to play.	
<b>Weekly Activities</b>				
<b>Understanding the World</b>	Exploring nature		<p>Go outside in the garden or park and see what minibeasts you can find. Talk about nature with your child.</p> <p>Springtime scavenger hunt – make a list of items to find e.g. a feather, a small leaf, a shiny stone etc.</p> <p>Try growing cress in egg shells. Pop a cotton wool ball inside an empty shell, sprinkle on seeds. Keep damp and, when it is ready to cut, enjoy an egg and cress sandwich.</p>	<p>Stories related to exploring nature</p> <p><a href="https://www.youtube.com/watch?v=I_A_e6h-DhU">https://www.youtube.com/watch?v=I_A_e6h-DhU</a></p> <p><a href="https://www.youtube.com/watch?v=vlhucZKcALk">https://www.youtube.com/watch?v=vlhucZKcALk</a></p> <p><a href="http://treetoolsforschools.org.uk/categorymenu/?cat=activities">http://treetoolsforschools.org.uk/categorymenu/?cat=activities</a></p>
<b>Expressive Art and Design</b>	Singing		Sing some nursery rhymes – BBC Schools Radio has a good selection with videos.	<a href="https://www.bbc.co.uk/teach/school-radio/nursery-rhymes-counting-songs/zn67kmn">https://www.bbc.co.uk/teach/school-radio/nursery-rhymes-counting-songs/zn67kmn</a>
	Get creative		Use different materials from around your house to create a mixed media picture.	<p>Materials you could use:</p> <p>News paper/magazines</p> <p>Food colouring to paint with</p> <p>Wool, string and thread</p> <p>Old t-shirts</p> <p>Pencils</p> <p>Paper</p>

Please upload any work that you do to Tapestry. We look forward to seeing what you do.